

Delicata Squash Crescent Crisps

(Acorn Squash works too!)

Ingredients:
Delicata Squash

Recipe:

Use a fork to spike the squash to avoid explosion

Microwave for 2 minutes

Cut off stem & ends and cut the squash in half, lengthwise

Scoop out the seeds and then slice thinly into crescents

Sprinkle with cinnamon(optional)

Spread out on parchment paper on baking sheet

Bake at 400 degrees until browning and crispy,
approximately 25 minutes, just before burning

You can eat the skin:)

